

Teamwork Therapies NEWSLETTER

December 2024

Issue No.39



Hello December

Teamwork Therapies **MERRY CHRISTMAS AND HAPPY NEW YEAR**

CLOSED 12/25 AND 1/1



Grab a blanket and hot cup of cocoa! December is here! Such an exciting time of the year to celebrate with family and spread joy!

Need some ways to get into the holiday spirit? Check out our therapist-approved OT and ST activities below to support your child's skills through play!



Reminders:

Our offices are closed on
Wednesday, December
25th and Wednesday New
Years Day 1/1.

Remember to let our front
office and your therapist
know of any upcoming
vacations!



This month we
celebrate 6 birthdays!

Happy Birthday to
our very own:
Deepthy Nair 12/4
Priyanka Suresh 12/4
Laxmi Galla 12/23
Natalie Lamadrid 12/23
Anjali Manu 12/12
Mary Quinmore 12/23

BUDDING LEARNERS CORNER



It's Christmas all month long at our Early Intervention Community Program, Budding Learners! Our kiddos will be learning about the alphabet, letter concepts, and weather!

The books of the month: "What's the Weather," "Rain, Rain Go Away," "Little Blue Truck's Christmas" and "The Gingerbread Man."

OT ACTIVITY: PAPER TREE

Materials: Colored paper, White paper, Glue

Use a three-fingered or tripod grasp to decorate your paper tree! Tear strips of paper and roll paper balls to create ornaments for your paper tree!

Start by drawing out a Christmas tree and gathering different colors of paper.

Then, tear/crumble the paper into small "balls" or strips to glue onto the tree.

Voila! You've created mini-ornaments to decorate your tree and worked out that tripod grasp!



ST ACTIVITY: CHRISTMAS CUPS

Materials: Cups, Cotton Balls

Gather your red or green cups (paint them if you'd like), stack them up, and knock them down! Practice target words such as "up up up" and "Crash!"

OR flip the cups over and have fun tossing cotton balls into them, modeling words like, "Ball in! Go ball!"

Incorporate Christmas music to add some spirit! Remember to create an anticipatory pause on the chorus!

ILLNESS PREVENTION POLICY

In order to keep our clinicians, teachers and families safe, we ask you to practice caution and let us know if you or someone in your household is experiencing fever, cough, runny noses, vomiting or any other symptoms of illness.

Please call the front office at (925) 399-5796 for Pleasanton or (209) 237-2484 for Tracy to reschedule your appointment. Stockton office: (209) 451-1262)

Budding Learners Parent Reminders:

- Please be mindful when packing your child's snacks as we are a nut free facility. Please do not pack any peanut or nut butters or any snacks containing nuts.
- Be sure to label all of your child's belongings including backpack, water bottles, etc.